# BREAKFAST BLUEPLATES

Monday - Friday until 11:00am.

No substitutions, not available to go or on national holidays.





#### BREAKFAST BLUEPLATES INCLUDE COFFEE & JUICE

# 10.99 BLUEPLATES

#### **EGG SANDWICH\***

Cage-free Amish eggs any style, English muffin, white American cheese, home fries.

- 🙃 Nitrate-free bacon or sausage - add 1.49

#### **OLD STANDBY\***

Cage-free Amish eggs any style, home fries, buttermilk biscuit.

#### **BELGIAN WAFFLE**

Powdered sugar, whipped butter.

- Pecans - add 1.49

# 11.99 BLUEPLATES

## **BUTTERMILK PANCAKES**

Stack of three cakes, whipped butter.

- Blueberry, Banana, Cranberry, Pecan or Chocolate Chip pancakes - add 1.49

# **COUNTRY GRIDDLE**

Cage-free Amish eggs scrambled, sausage, home fries, mushrooms, onions, green peppers, jack cheddar, sausage gravy, buttermilk biscuit.

#### CARAMEL FRENCH TOAST

Challah bread, salted caramel drizzle, powdered sugar.

# 12.99 BLUEPLATES

# THE AMERICAN FAVORITE\*

Cage-free Amish eggs any style, choice of breakfast meat, home fries, buttermilk biscuit.

## JACK CHEDDAR CHEESE OMELETTE

Shredded jack cheddar with home fries.

- Diced @ nitrate-free bacon, sausage, or organic ham - add 1.49 each

### **BUTTERMILK PANCAKES & EGGS\***

Two cakes, whipped butter, cage-free Amish eggs any style, choice of meat.

- Blueberry, Banana, Cranberry, Pecan or Chocolate Chip pancakes - add 1.49

# 9.99 SENIORS

For 65 years or older. Does not include coffee or juice. (10% discount does not apply)

#### TWO-EGG VEGETARIAN OMELETTE

Roasted home fries and a buttermilk biscuit.

#### TWO BUTTERMILK PANCAKES & EGG\* With choice of breakfast meat.

## **CARAMEL FRENCH TOAST & EGG\*** With choice of breakfast meat.

## ONE EGG WITH @ NITRATE-FREE **BACON OR SAUSAGE\***

Roasted home fries and a buttermilk biscuit.

## **HEALTHIER FLEXITARIAN OPTIONS**





Plant-Based (Vegan)



# LUNCH BLUEPLATES

Monday - Friday, 11:00am - 4:00pm.

No substitutions, not available to go or on national holidays.



# 12.99 CHOOSE TWO

Choose Two: half sandwich, soup, or side salad from items listed below. Full descriptions inside menu.

#### HALF SANDWICHES

New! Tomato & Burrata @

**Junior Turkey Club** 

**Southwest Turkey** 

## SIGNATURE SOUP BOWLS

Mom's Chicken Noodle

Kickin' Crab & Corn Chowder

Organic Tomato Bisque 🐠

Turkey Chili

#### SIDE SALADS

Mixed Greens @

Caesar Side

# IT'S BACK! GRILLED CHEESE CLASSIC COMBO @

Grilled cheese deluxe with bowl of organic tomato bisque (instead of crispy fries and coleslaw). 13.99 - Nitrate-free bacon 🕣, ham or tomato - add 1.49



# 13.99 RICE BOWL

## **ASIAN BROWN RICE BOWL**

Sambal agave-glazed protein, tamari soy, mushrooms, leeks, red cabbage, yellow brown rice, radish, carrots.

Choose from Shredded Halal Ribeye 69, Fried Chicken or Asparagus N @

# 13.99 UNDER 600

# NEW! SKEWERED SHRIMP BIBIMBAP \*

Miso-glazed and cinnamon-chipotle spiced, toasted coconut, bibimbap rice, curry sauce.

- Cal 600, Fat 27g, Chol 239mg, Carb 51g, Fiber 4g, Prot 39g

# LEMON CHICKEN PICCATA \*

Caper lemon sauce, cinnamon-chipotle farro with zucchini and tomato, scallions, basil, fresh veggies.

- Cal 598, Fat 28g, Chol 98mg, Carb 38g, Fiber 6g, Prot 45g

## GRILLED FRESH SALMON\* ♥ ₲ add 3.99 Sustainable Antarctic salmon, cinnamon-chipotle spiced, garlic lemon sauce, yellow brown rice and organic non-GMO edamame beans, fresh veggies.

- Cal 588, Fat 27g, Chol 71mg, Carb 53g, Fiber 6g, Prot 34g



## **HEALTHIER FLEXITARIAN OPTIONS**

Lower in Fat & Cholesterol 🛛 🕡 Vegetarian

Plant-Based (Vegan)

Gluten-Free